



# SIGN UP TO JOIN THIS FUN PROGRAMME

- RESPECT
- DISCIPLINE
- BASIC RUGBY SKILLS DEVELOPMENT
- COLOUR IDENTIFICATION
- EYE-HAND COORDINATION
- SPATIAL ORIENTATION
- MID-LINE CROSSING
- DEALING WITH BULLIES
- ADVANCED RUGBY SKILLS DEVELOPMENT

## AND LEARN THESE IMPORTANT RUGBY, LIFE & MOTOR SKILLS

### RSD PROVIDES:

- STRUCTURED CURRICULUM
- SKILL DEVELOPMENT
- PERSONAL DEVELOPMENT
- ACCREDITED COACHES
- MINI RSD CLINICS AND RUGBY DAYS
- FULLY ENDORSED ANNUAL CERTIFICATE + RSD JERSEY, RSD RUGBY BALL, RSD WATER BOTTLE & RSD DRAW STRING BAG



**PHILLIP VAN COLLER**

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- 🌐 [www.rsdrugby.co.za](http://www.rsdrugby.co.za)

**IF YOUR SCHOOL DOES NOT HAVE RSD RUGBY  
AS AN EXTRA-MURAL ACTIVITY.  
CONTACT OUR OFFICES AS SOON  
AS POSSIBLE.**

**MONTHLY FEE R 260**  
10 months (Feb - Nov)

**QUARTERLY PAYMENT R 650**

**YEARLY FEE R2440**  
Includes 10% discount and administration fee  
ADMINISTRATION FEE R100